## **Inherent Risk Statement**

We know and fully understand that any athletic activity or competitive sport, including, but not limited to, baseball, basketball, bass fishing, bowling, cross country, field hockey, football, golf, gymnastics, lacrosse, soccer, softball, spirit/cheerleading, swimming, tennis, track & field, volleyball, or wrestling, involves numerous risks, dangers, and hazards, both known and unknown, where serious accidents can occur, participants can sustain physical injuries, damage to their property, and even die. Regardless of whether the athletic activity involves physical contact or not, all athletic activities and sports have inherent risks of injury which are inseparable from the activity and cannot be entirely eliminated regardless of the care taken by players, coaches, trainers, or other staff. We acknowledge and willingly assume all risks and hazards of potential injury and death in this athletic activity, whether in practice, games, meets, or any other type of competition, including any transportation to or from any such event.